


HERE WE DO YOGA

CLASSES SCHEDULE



LUN

 **H:09.00 Dharma III - Benedetta**
H:19.15 Yin Yoga - Gioia

MAR

 **H:17.30 Hatha Raja - Benedetta**

MER

 **H:09.00 Sbarra a terra - Benedetta**
h:20.00 Dharma II - Valentina

GIO

H:10.30 Yoga Posturale - Gioia

VEN

 **H:09.00 Dharma II - Benedetta**
 **H:18.00 Hatha Raja Yoga - Fabrizio**

SAB & DOM

Eventi



CLASSI IN STUDIO E ONLINE